

Hasbrouck Heights Public Schools
365 Boulevard
Hasbrouck Heights, New Jersey 07604



Dr. Matthew Helfant
Superintendent

Tel: (201) 393-8150
Fax: (201) 288-1764

December 16, 2022

Dear Hasbrouck Heights families,

As we head into the colder months and spend more time indoors, we would like to take this opportunity to communicate the current Covid-19 district protocols. Please read the guidelines below.

The most current and up to date information can be found by clicking the [Current Hasbrouck Heights District Covid-19 Protocols](#) link. You can find the link on the [district website home page](#), as well as the home page for each school.

COVID-19 exclusion (isolation) criteria for individuals who test positive for COVID-19:

- If a student has COVID-like symptoms, they should be tested for Covid-19.
- Stay home for at least 5 full days after a positive COVID test. Day Zero is the day of the positive test. Day 1 is the next day.
- If the student has no symptoms or symptoms resolve after 5 days and the student is fever-free (without the use of fever-reducing medication) for 24 hours, the student can return to school **and must wear a mask days 6-10**.
- If the student is unable to wear a mask in school days 6-10, the student should stay home from school and may return on Day 11.

For all COVID exposures, it is recommended that the exposed person wear a mask in school and at all indoor activities for 10 days.

- The student should wear their mask from day 0 through day 10.
 - Day 0 is the day of the student's last exposure to someone with COVID-19.
 - Day 1 is the first full day after the student's last exposure.

Best Regards,

Matthew Helfant