



ADULT SERVICES

Programs & Events March 2025

Chronic Disease Lecture: Colorectal Cancer Awareness

Monday, March 3 | 2:00 pm | [Register on our website](#)

Learn about a variety of health topics such as healthy aging, nutrition, fall prevention, and other chronic diseases. This month's topic will go over screening, early detection, healthy eating, risk factors, and prevention strategies concerning colorectal cancer. This program is done in partnership with the Mid-Bergen Regional Health Commission. Please register for each lecture.

Creative Art & Wellness with Watercolor Painting

Tuesday, March 4 | 12:00 pm | [Register on our website](#)

Learn simple techniques to fortify your mental health, all while creating art. This program is done in partnership with the Mid-Bergen Regional Health Commission. Please register for each session.

Creating with Clay: Make a Sunflower Trinket Tray

Wednesday, March 12 | 6:00 PM | [Register on our website](#)

Unleash your creativity and craft a beautiful trinket tray in this hands-on Creating with Clay workshop! Guided by a skilled pottery teacher, you'll learn techniques to mold and design your tray while receiving plenty of encouragement and support. There is a 12 person maximum limit so please register to secure your spot.



Crafts-to-Share Club

Tuesday, March 11 from 6:00 pm – 8:00 pm | No registration necessary

Wednesday, March 26 from 1:00 pm – 3:00 pm

Drop in to chat and work on a crafty project! Check our website for meeting cancellation notices.

Friday Movie: "The Secret Life of Walter Mitty" (2013)

March 21 | 1:30 pm - 3:30 pm | [Register on our website](#)

Join us for an afternoon movie. Light refreshments are provided.

Adult Book Club: "The Four Winds" by Kristin Hannah

Tuesday, March 25 | 7:00 pm | Email hashcirl@bccls.org to join the mailing list

Join us on the fourth Tuesday of each month for discussion.

ESL Conversation Circle

Tuesdays @ 10:00 | Saturdays @ 10:00 | Saturdays @ 1:00

To join, choose one session on the [Convo Student Application](#) and give the completed form to the Circulation Desk. Wait for approval before attending.

This is not a class. Feel more confident when speaking English by practicing with a volunteer teacher and other students for 1-hour. See our website for more details and cancellation notices.

SAVE THE DATE! Saturday Concert with The Kootz

Saturday, March 8 | 1:00 pm - 2:00 pm | [Register on our website](#)

Join us for acoustic renditions of oldies but goodies!

This band is dedicated to the preservation, curation and reincarnation of classic rock, vintage pop, r&b, soul & blues, not to mention their own unique, original brand of musical-'Kootzification'!

Library Website Calendar: www.bccls.libcal.com/calendar/hasbrouckheights